# Northwest Missourian

Northwest Missouri State University

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Maryville, MO 64468

March 15, 1990

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The Missouri District I Humanities/Histo-

Students from both junior and senior high

A total of 183 entries has been received in

ry Day competition is to be held on campus

schools will be participating in this event.

the seven categories from 442 students.

Fifteen area schools have entered the

Newsbriefs

Competition held

Friday.

competition.

## University remembers Bortner

**News Editor** 

Students and colleagues took time this week to remember Lt. Col. Jerry L. Bortner, who died suddenly over Spring Break.

Bortner, 46, professor of military science and commander of Northwest's Army Reserve Officer Training Corps died March 6 in Las Vegas, Nev., where he and his wife, JoAnn, were vacationing.
A memorial service for Bort-

ner is scheduled today at the Memorial Bell Tower at 2 p.m., weather permitting. The backup site is the Charles Johnson Theatre at the Olive DeLuce Fine Arts Building.

Funeral services were held March 11 at the First Presbyterian Church in Fairchance,

"Lt. Col. Bortner was the driving force behind my being in ROTC. It was a shock. He seemed to be in such good condition. It is just hard to believe. Having experienced the death of both of my parents, I can definitely relate with the Bortners and know exactly what they are going through," Michael J. Davis said.

Larry Wilson said, "I was

had both been here for almost four years. He was a true professional and I will miss him greatly. I owe him a lot. He was excellent at helping all the cadets and always took time to listen and talk. A little bit of each one of us died with the Colonel."

"Lt. Col. Bortner was a very integral portion of our ROTC program here at Northwest. He was always good for a smile, even in the early morning physical training. He meant a lot to me, not only as a man and a professor, but also as the great leader that he truly was. He will be missed tremendously," Tom Anderson

Renwick Bovell said, "When I would slip in my quest to become an officer, the Colonel was always there to encourage me to do better academically and athletically. I love the way he interacted with people. I don't think that he had an ene-

my. We lost a good man."
"He made a different presence than the other officers did. He was straight out of a John Wayne movie without the tough talk," Thesis Franks said.

"He was like a father to the very close to the Colonel. We people associated with this



Jerry Bortner 1943-1990

an excellent example. This little paragraph does not do him justice. How do you put a man who was caring, compassionate, firm in conviction, a leader and a father down on a piece of paper?" Ted Read

program. Leadership by exam- had to complete a two-mile ple was his motto, and he was run for physical training. He bard said. was ready to stop when Bortner started to run alongside of
him for the last mile and sang
has been blessed over the songs while doing it. He then years in having commanders went and ran extra miles to of ROTC who cared about the help another cadet finish.

said.

One cadet, Mauricio J.

Puche, told about the time he

Bortner helped him get a and beyond being a soldier.

waiver to be in the ROTC pro
He was a very kind, gentle but
gram. Puche was not yet a See Bortner, Page 2

citizen and Bortner went through the red tape to Senator John Danforth to get the waiver for him to be in the

program. Capt. Jeffrey Knapp, an associate professor of military science, said Bortner was a kind and generous man.

"He would always be late to meetings because he would be stopped by students to ask or tell him something. He never said no, or said that he didn't have the time. He would always make time," Knapp said.

"I thought he was unusually effective in his role as a faculty member and as part of ROTC. He got involved, from the very beginning, with the University and understanding the culture. He was easy to deal with and I have a great deal of respect for him. He always handled situations with finesse," President Dean Hub-

University. He (Bortner) was Puche also mentioned that an individual who was above

### month.

An accomplished harpsichordist will be making an appearance at Northwest this

Harpsichordist appears

Igor Kipnis will be in concert on tonight, at 8 p.m., in the Mary Linn Performing Arts Center. There is no admission charge for this Culture of Quality Encore Event.

During his three-day visit, Kipnis will attend music classes and offer a special master class.

### Award recipient sought

The Small Business Development Centers at Northwest and Missouri Western State College are joining other SBDC offices to seek out the individual to be honored this spring as the Missouri Collegiate Entrepreneur Award recipient.

Jim MacKinnon, director, said the award will recognize outstanding entrepreneurial achievement by a full-time Missouri graduate or undergraduate student during 1989.

For more information, contact MacKinnon at 127 S. Buchanan, Maryville, Mo., 64468, (816)562-1701. Application deadline is March

### Restaurant to open

Country Kitchen Family Restaurant will be

opening for business April 3.

The restaurant is adjacent to the Best Western and will be open from 6 a.m. to 10 p.m. Sunday through Thursday and 24 hours on Friday and Saturday.

According to Dave Skoglund, owner/operator, the restaurant will employ 75-80 area residents.

### Lecture scheduled

The third in a series of Distinguished Faculty Lectures at Northwest is scheduled for Tuesday.

Dr. Betty Bush, associate professor of curriculum and instruction, will deliver a lecture on "Writing: A Lifelong Skill" at 8 p.m.

in the Charles Johnson Theater. There is no admission charge for the lec-

ture sponsored by the University's Culture of Quality project.

#### Activities planned

"Relationships" is the theme for this year's Religious Emphasis Day, to be held Monday, sponsored by United Campus Ministries.

Activities for the day include a 7 a.m. breakfast for faculty and staff at the Wesley Center, free of charge; a discussion on relationships at 3 p.m. in the Governor's Room of the J.W. Jones Student Union; and a banquet at 7 p.m. for faculty, staff and students in the University Club of the Union. Tickets for the banquet are \$2 for students and \$7 for faculty and staff.

Tickets for the banquet can be picked up at any of the campus religious centers or from any of the clergy associated with the United Campus Ministries.

### Inside

Opinion......3 Features ...... 4,5 Sports......6,7

## Theft incidents on the rise

PAT SCHURKAMP. **Assistant News Editor** 

The incidents of theft have Jill Hawkins, director of Cam- happening. pus Safety.

to their friends' rooms or to the bathroom," Hawkins said.

"The students are only gone when they return they find jewelry, coats or wallets taken off their dressers or beds," she

added. Hawkins said it is important for students to remember that responsibility for security starts with students locking their

doors. "No matter how inconvenient it seems to lock your door, please take the time and do it."

If a student does have an item stolen, Hawkins said the student should report it to Campus Safety immediately.

"Students need to report it as soon afterwards as possible. Don't wait until the next day," immediately, it will give Cam-pus Safety an idea as to who is in the building and who is will be installed by this month." awake at that time."

dence halls were taken by stu-midnight to 4 a.m.

dents familiar with other students.

Hawkins said there were four steadily increased during the things students must remem-1990 school year, according to ber to prevent thefts from

Students must take respon-"Since the beginning of this sibility for security by locking semester, Campus Safety has their doors. Students need to seen several incidences where report any thefts immediately students are leaving their dorm to Campus Safety, and the sturooms unlocked while they go dent must be willing to let Campus Safety pursue the mat-

ter," Hawkins said. Tom Pierce, Residential Life for three to 10 minutes, but Coordinator, also stressed that students should keep their dorm rooms locked.

"Those things that are really valuable," Pierce added, "should be left at home or hidden so that others cannot find them."

Pierce said by next year a new key system would be installed at Northwest. This would be a system where keys cannot be copied.

Presently, other safety measures are being used by the University.

"At present, \$20,000 is being used to beef up security to the outside doors at Hudson, Per-Hawkins said. "By reporting it rin and Roberta Halls," Pierce

Pierce said they would be hir-Campus Safety believes that ing Resident Assistants for the most of the items in the resi- Security Patrol with hours from

Another problém on the rise. at Northwest, according to Hawkins, is vandalism to parked cars.

"We are seeing a drastic increase over the last two weeks of vandalizing and even revandalizing of cars," Campus Safety Sergeant Greg Hawkins

He stated that since the 1990 spring semester, 29 cars have been vandalized.

"Fifteen of the 29 cars vandalized were vandalized in the last two weeks," he said.

According to Greg, vandals are smashing the tail lights, headlights and windows of parked cars.

"Most of the vandalizing is being done after 3 a.m.," Greg added.

Jill said students could help to protect their cars by parking as close together as possible near a lighted area.

She added that, although Campus Safety has no idea as to why or who may be vandalizing the cars, the vandalizing is still under investigation.

If a student sees something in the parking lots, please call Campus Safety," she said. "If the student can give us any vehicle information, or if the student hears someone bragging about doing it, call us."

Jill added that the informa-

tion a student gives Campus Safety can be treated confidentially.

### Citizens, students discuss housing

KELLI CHANCE Staff Writer

Citizens concerned with housing problems in Maryville, gathered at the Senior Citizens Center March 1 to discuss these problems.

This was the first public meeting concerning this issue. Dr. Bob Bush, speaker of the meeting, said, "About four or five months ago a group of us met and explored the idea of whether or not we have a problem in Maryville, and it we do, would citizens of Maryville be interested in planning a committee to do something about it?"

Bush said, "The group was made up of some students, administrators at the University, people from the banking community, property owners and families."

They all agreed that there was a problem.

"The problem," he added, "is that everybody is complaining, whether it be somebody who has property, students who are looking for a decent place to live or young couples who are trying to find a place to raise their family."

Bush said more places should be available for these people. He also said owners and renters need to be educated on how to run the property and be given an understanding of what each party expects of the other.

"The bottom line we're concerned about is the "quality of life," Bush said.

This meeting was planned to involve the community in the project of the "quality of life." The group of people involved in this committee came up with a mission statement.

The "quality of life" project is for people living

in Maryville who are willing to work for a positive image through a "grass roots" effort to help those in Maryville have a healthy, clean and safe environment. Bush said that if this is accomplished, then there will be a higher quality of living and it will be a better working environment.

Public and private organizations are asked to help make this plan work.

See House, Page 2

Luncheon held for students, state legislators



Once Again-Jamie Roop, Kaye Bonner, State Rep. Frank Ellis and Darla Broste are together for the annual luncheon in Jefferson City between University students and state legislators. The visit is an effort to improve relations with state officials, as well as with the citizens of Maryville.

**JIM TIERNEY Contributing Writer** 

pated in a luncheon for the dgeable of Northwest." Missouri State Legislators in During the personal visits, Jefferson City at the Capitol the group of students dis-Building Tuesday.

an opportunity to meet state officials. officials and to personally "Hearing the concerns of the thank them for taking interest students on a first-hand basis in Northwest.

Maryville, met the 21 students sions," said State Rep. Phil Tate and introduced them to the of Chillicothe. House Chamber during the then visited each representa- terstate 29. tive and senator in their offices.

nators were very receptive," said. "Students got to meet out also Maryville citizens. I Keith Winge, vice president of people so they know who to feel it is important to know the Student Senate, said. "Rep. contact if they are not satisfied See Visit Page 2 Annette Morgan, who is a with state and educational

member of a committee on matters." elementary and secondary Northwest students partici- education, was very knowle-

cussed the University's The visit gave the students problems with the state

"Hearing the concerns of the is very important to me when State Rep. Everett Brown of it comes time to make deci-

morning session. The students the Northwest signs along In-

ve and senator in their "The trip was an educating ffices.
"The representatives and sesecretary of Student Senate,"

The students also met members of the Maryville Chamber of Commerce who were at the Capitol lobbying for Maryville and Northwest interests. "Promoting Northwest Mis-

souri is our main concern," Loretta Kissinger, a Maryville citizen, said. "We are also concerned with the Mozingo Lake project. If funds come through, Mozingo would be beneficial for all of Northwest Missouri by creating a new Tate was a main supporter of water source and a recreational attraction for the University and surrounding area."

Ellie Miller, student, said, Not only did we have the chance to meet state officials

See Visit, Page 2

# Astronaut speaks on history, future of space

**TIMOTHY TODD** 

**Editor in Chief** The third American ever to set foot on the moon spoke at the Mary Linn Performing Arts Center March 1.

Commander Charles "Pete" Conrad discussed the history and future of the space program as well as his role in the program.

Conrad was a member of the original selection group for the Mercury project which was designed to see if man could live in zero gravity. Although Conrad was not selected for the Mercury mission, he volunteered and was selected to be a part of the Gemini project.

"It is an awesome experience to realize that I was in the beginning of an experience that would take us to another place in the universe," Conrad said.

Conrad was the pilot on the

eight-day Gemini V mission and, along with command pilot Gordon Cooper, established a space endurance record.

Conrad said the experience was the loneliest he had ever had since the capsule was so crowded and there was little to do.

Conrad and Cooper spent 18 months together for the training and Conrad said by the time the mission started, they had noth-

ing left to talk about.
"No place to go, nothing to do and you are not tired," Conrad said. "It was like spending eight days in a garbage can."

In September 1966, Conrad flew into orbit again on the threeday Gemini 11 mission. He was the flight commander on the mission that docked with a previously launched spacecraft.

On Conrad's third mission, he became the third man to walk on the moon. The Apollo 12 mission was designed to not only gather geological samples but to inspect the Surveyor II spacecraft.

Conrad said that it was difficult to land the spacecraft since it was hard to determine exactly how high the craft was over the lunar surface. Before the mission, Conrad had been trained to study the crater formations of the landing

The problem was, "the photos would not show anything smaller than six feet," Conrad said. Because of this, the craft had to change its original landing position and move to another side of the crater in which the Surveyor II rested.

Although Conrad said landing was a secure feeling, the capsule had landed facing away from the crater so it was not possible to tell if they were in the right area.
"We had a two-hour shut down

and then a two-hour powerup...I (just) wanted to know that Surveyor was sitting on the crater," Conrad said.

On Conrad's fourth mission, he was Spacecraft Commander on the Skylab space station. He spent 28 days on the space station and established an individual space endurance record of nearly 1200 hours.

In December 1973, Conrad retired from the Navy after serving 20 years. He is now staff vice president for international business development in the aerospace group for McDonnell Douglas Corporation. Conrad is involved in the possible construction of a space station.

According to Conrad, the station, named Freedom, will be 500 feet across and will take 17 flights to complete its construction. The station will contain technology that will allow each astronaut to be in continuous communication with earth.

Conrad said he is still flying jet helicopters but that he has too much to do to stay qualified for jet fighters. But, he said, he still does get to fly them once in awhile.

"They make me take some young gentleman with me so I do not get lost," Conrad said.



Photo by JoAnn Bortner rad gave a lecture before Spring Break about the history and the future of the space program.

Launching Discussion-President Dean Hubbard and his wife, Alita, talk to Commander Charles "Pete" Conrad. Con-

### larifies policy

KATHY BARNES

Staff Writer Dr. Phil Hayes, dean of

students, and Dr. Robert Culbertson, vice president of academic affairs, clarified the current alcohol policy because of questions raised by students and hall coordinators.

The policy, as outlined in the 1989-90 student handbook reads, "The consumption or possession of alcoholic beverages anywhere on the University campus is prohibited. Violation of this policy will be reported to the appropriate conduct committee and dealt with accordingly."

The second reference in the handbook dealing with the alcohol policy indicates that consumption or possession of beverages alcoĥolic unauthorized areas on the

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University campus is considered a violation with the Northwest Judicial System.

"As far as student organizations, the University has said very simply, at off-campus functions, city ordinances (and) state statutes must be followed. That obviously would suggest if you are under the age of 21, you would be violating state and city ordinances because the legal drinking age in Missouri is 21," Hayes said.

Hall coordinators are able to consume alcoholic beverages in their apartments, but not if that includes having students or staff members in the apartment for the consumption of alcohol, Hayes

He also said hall coordinators have to bring the alcohol on campus which contradicts the alcohol

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policy which says possession of alcohol on campus by students is prohibited. Hall coordinators are students, but are also considered professional staff.

"With almost any policy we have, there are some exceptions. would say that exception has been made," Hayes said.

Hall coordinators also have the option of drinking in local establishments.

"Some hall coordinators contend that they are prohibited from drinking in local Maryville establishments and for this reason they must be allowed to consume in their apartments, exempting the apartment from University policy.

"People on this campus have been operating under the false assumption that we have been trying to control the private lives of residence hall coordinators by saying that they cannot go downtown and drink. This simply is not the case," Culbertson

"Now obviously, they can't go downtown and get all snookered and try to run a dormitory," he

Hayes said the hall coordinators policy has been operational for several years, but may be changed as a result of the Drug Free Campus Federal Legislation. This legislation would prohibit alcohol of any kind, anywhere on campus....

"If these changes take place, I think we will see some very clear definitions of actions for violations resulting. And I think these actions would be much more severe than any seen in the past," Hayes said.

Hubbard addresses groups

**SPRING SEMESTER 1990** 

Night classes will test on the regularly scheduled night during final exam week. The faculty handbook requires all faculty to follow the final examination schedule. Any exceptions must be approved by the Vice President for Academic Affairs

NOTE: All sections of Chemistry (Lab) 113, 115, and 117. Physical Science (Lab) 103 and 183.

LAURA PIERSON Staff Writer

University President Dean Hubbard has received two invitations to deliver addresses concerning Northwest's Electronic Campus.

Hubbard, who became president in 1984, will speak at the North Central Association of Colleges and Schools during the March 18-20 convention in

The North Central Association of Colleges and Schools is one of the major college and university accrediting agencies.

Hubbard's second speaking

engagement will be in Spain at the International Association of University Presidents during the July 8-14 meeting.

The IAUP invites about 400 college presidents from all over the world to its meeting, Hubbard

His presentations will outline what the Electronic Campus consists of and what its uses are,

Classes meeting for the first

8:00 Monday...... 11:00 Tuesday...... Biology 102.....

such as word processing, using electronic mail and listing a calendar of events.

The main emphasis will be on why Northwest chose to install terminals rather than personal computers.

Hubbard said some universities require students to buy personal computers. This results in an expensive purchase for the students, and they are left with an outdated computer when they graduate four years later.

He said Northwest decided to install terminals since it involved the least expense per terminal, \$300, and terminals will not be outdated as quickly. A 10-year-old terminal can still be used with newer versions of software.

"Hopefully, other institutions will benefit from Northwest's example and experiences as they confront the challenge of creating an environment that will prepare students for the 21st century," Hubbard said.

Bortner

firm individual who thought logically and who would never put his own interests above others. The University is better for having his services since 1986."

Previous to heading the Northwest command staff, Bortner had been assigned to Readiness Group Devens, Fort Devens, Mass., where he was chief of the administration and logistics assistance division.

He was commissioned in 1966 as an infantry officer, and he began his active duty career in 1967. as a Regular Army ordinance officer detailed to the Infantry Branch for two years.

He was a military graduate from West Virginia University with a bachelor's degree in industrial education. He later earned a master's degree in systems management from the University of Southern \_aiifornia.

His military assignments included service at Fort Knox, Ky.; Vietnam; Aberdeen Proving Ground, Md.; Germany; and Anchorage, Alaska. From November 1988 to July

1989, he was also commander of the ROTC program at Missouri School senior.

Western State College, the first in the nation to hold two posts, according to Northwest's ROTC records, said Knapp. His decorations and awards in-

clude the Bronze Star with two Oak Leaf Clusters, the Army Commendation Medal with Oak Leaf Cluster, the Air Medal, Vietnam Service Medal, and Vietnam Campaign Medal with five stars.

He also was awarded the Vietnamese National Honor Medal and three unit citations during his Vietnam service. He held the Combat Infantryman's Badge and Ranger tab.

In a private ceremony, after the memorial service, Bortner's wife will accept, on his behalf, the Army Meritorious Service Medal for his services as Commander of the ROTC program at Northwest. This is the fourth time Bortner has received the medal, which is given for outstanding service to the Army.

Survivors include his wife, JoAnn, and three daughters, Mrs. Sherry Jackson, Lawrence, Kan.; Faith, a student at MWSC; and Julie, a Maryville R-II High

### House -

The "quality of life" project is for people living in Maryville plan work. who are willing to work for a positive image through a "grass roots" effort to help those in Maryville have a healthy, clean and safe environment. Bush said that if this is accomplished, then there will be a higher quality of living and it will be a better working environment.

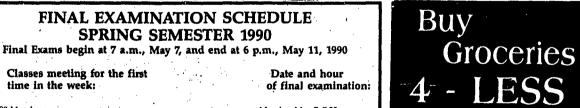
Public and private organiza-

The "quality of life" is a nonprofit organization. Its governing board consists of single family renters, single family home owners, single family landlords, multi-family landlords, business property owners, rural members, student renters, senior citizens and handicapped persons, all volunteer members.

Visit -

members of the city as well so we can create better relations be- an annual effort to improve relatween the University and tions with state officials. Maryville."

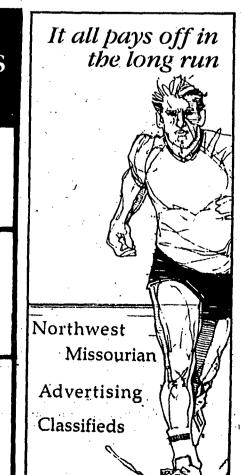
The legislative luncheon was



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### Northwest Missourian pinion

### Unfair

### Progress slips often misleading

Some students had their mailboxes filled before leaving for Spring Break, but they would have chosen an empty one compared to the notices they received.

Midterm progress reports were sent to students having a D or lower in any of their classes. While the reports are necessary, sometimes they are given to the wrong students for the wrong reasons.

Several students receiving progress reports were told by their instructors at the University that their midterm D grade was really a C.

One would think that a C would be given for C work in the class at midterm, but that is not always the case. Several instructors, like the ones above, give 'students a D even if they have a low C.

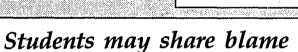
Instructors have told students who thought about dropping the class not to worry because their midterm D was really a C. They say they gave the reports to make the students aware of the situation so they could correct it.

All college students need these days is more pressure. They could have average grades in all of their classes and still receive progress reports.

Being a student is hard enough without the shock of getting a progress report in a class you really earned a C in. If the instructor wants to talk to the student, they should pick up the phone, not reach

Progress reports serve a purpose, but instructors should not hold them over students' heads, especially when they do not deserve them.





I am disturbed by the manner in which your article, "Inadequate: Residence Halls Fall Short," in the Feb. 22 issue of the Missourian was written. Due to space constraints I will respond to just a couple of points here.

You said there does not seem to be anyone who is concerned about problems in the residence halls. My suggestion is that you try the Housing Office. There you will find three area coordinators who care about living conditions in the halls and who would be more than happy to talk with you about the residence

If you had bothered to call them they could have explained the problem with the washers and dryers to you.

Then you could have printed the problem, the cause and offered a solution in your article. I believe that is called responsible journalism.

Virtually all the problems with broken washer and dryer machines come from students trying to rip them off. I do not think the hall coordinator should feel ashamed about this (as

Perhaps we should blame the student who inconveniences others by trying to rip off the machine, breaking it in the process and causing a repairman to have to come out and fix it.

This increases the company's costs which are no doubt passed on to the University, meaning we pay for it. Perhaps it is the students who should feel ashamed.

Sincerely, Leon R. Sequeira

### Inadequacy label unfair

#### Dear Editor,

I do not know who is responsible for writing the "Our View" column, but he or she has not checked the facts very well. I speak in regard to the column in the Feb. 22 issue of the Missourian and specifically the comment, "...many problems which the residence hall coordinators should be ashamed of."

The topic which led to this comment was the unfortunate laundry situation here on campus. Do these individuals really believe that the hall coordinators are responsible for this?

We are merely building supervisors and do not possess the authority or the ability to repair these machines when they break down. Our duty involves only reporting the incidents.

Granted, many of these machines have been repeatedly impaired, and I get just as frustrated as everyone else. If a local company has a contract to provide dependable machines, then they should provide us with those machines.

However, the company is not the only source of our grief. Our fellow residents have a large role in this mishap. Do you realize how many machines are broken because we have individuals who insist on trying to get a "free load" of laundry?

I am sure we have all seen them, but how many of us do something about it? These people are infringing upon your right to have decent equipment. I suggest that instead of whining in the paper, you do something about it.

It is just as much the responsibility of the residents as it is the hall coordinator. Smack these people upside the head and send them a message!

The other part of this statement that I resent is the "many problems" part. I will be the first to admit, we are not all things to all people. We can always improve.

However, the majority of the programs and experiences in the residence halls are very positive. Each staff does its very best to contribute to the overall enjoyment of college life.

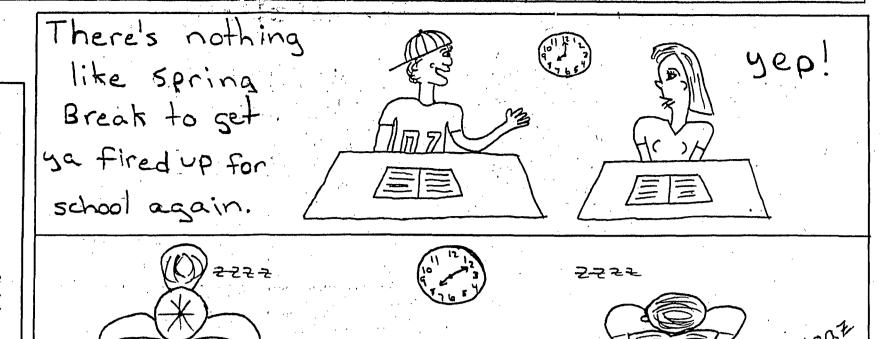
If anyone has a problem that we may be able to correct, please do not hesitate to let us know. We are more than willing to

listen. Writing distasteful stories will not get it done.

Lastly, if you are going to criticize something publicly, you should sign your name to it.

Sincerely, C. Shawn Zanders

South Complex Hall Coordinator



### Organizations provide many

#### SEAN GREEN **Opinion Editor**

If you pick up a Tower year-book and flip to the groups and organizations section, you will probably be surprised at the

number of groups shown.

Most Northwest students belong to at least one of these groups, and I think most would agree joining an organization is something everyone should consider.

Having already served a threeyear sentence at Northwest, I can honestly say that most of my best experiences at college have not involved sitting behind a desk or standing in line at the Registrar's Office.

I do not mean to detract from the classroom aspect of college. But in 30 or 40 years, I will not remember college as sitting in classrooms.

Instead, when I sit back in my rocking chair and relax, I believe I will remember the times I spent with college friends, most of whom I met in groups I have belonged to at school.

College provides a rare opportunity to get involved in things which we may never have the time or money to do once we are out in the real world.

Of course, it does not matter

cide to join. Fraternities and sororities are social organizations, obviously, but they can add a whole new dimension to college life and often get students involved in things they never would have otherwise.

However, they are not the last word when it comes to groups and organizations. In fact, a lot of the groups I am referring to have objectives which are not social but which are often where people make their closest friends.

There are those who do not feel it is necessary to join half a million groups to enjoy college. I agree. Just because a person cannot put a name with the face of every student on campus does not mean they are not enjoying

On the other hand, after taking a rough test or dealing with one of the other eight million things college throws in the laps of students, attending a group meeting or rehearsal or whatever else organizations do can be all it takes to keep a person from quitting school and joining the

liberal arts college. In this case, I later in life. the word liberal is not a political

which group or groups you de- label but instead it implies that when a student graduates he or she will have not only learned to do something useful in the real world but will also have gotten a background in a wide range of

We all see commercials for schools in Kansas City which claim you can learn how to drive a truck or take notes in a courtroom in only six weeks. Compared to the four or five years it takes to get out of college, these places sound too good to be true.

That is because they are. I am not the most materialistic of people, but I feel that even those students who go to college for the sole purpose of being able to make six figures their first year out would agree there is more to consider.

If students spent all their time in the library or in class, they could probably take 30 or 40 hours a semester and be out of school in two years.

But I happen to think the things they would be missing, such as going to a convention or on a tour with an organization (or to games with an athletic team) would be something they Northwest is considered a, would regret not experiencing

Maybe I am being too

philosophical, and I suppose when I apply for my first job, assuming I do graduate sometime this century, the "suit" behind the desk will be more interested in what I learned in the boring classrooms than in what I did with my spare time.

On the other hand, I have often heard people say an employer will take the graduate who knows how to work in a group and interact with people over the straight A student who cannot hold a simple conversation.

Keeping that in mind, I have been careful not to let my grades get too high and to talk to peo-ple in class whenever the chance offers itself.

In the end, it is up to each individual to decide how active they want to be in extracurricular activities.

All I am suggesting is that students should at least consider getting involved in at least one

campus group or organization.
If nothing else, you will at least have the satisfaction of knowing you tried something new. Considering the possibility of making some good friends and having experiences which you remember all your life, I think the risk of not enjoying it is definitely worth taking.

## Campus Crusader happy to be back

Spring Break is over but, with way with his head out the win- like a place to come home to spring in the air and the inspiring knowledge that soon all the girls will be out in shorts, Your Hero is ready to tackle the final half of the semester.

Your Man had a good vacation. Instead of spending break in Maryville, as originally planned, Your Model of Spring Break Fun decided to spend the time at home.

Of course, home is not exactly the beach for most of us, but there is something to be said for lounging around the house and watching homework collect dust.

On the way back to school, Your Hero had a little car trouble. If the mechanic had been more accurate about when Your Man's Z-28, XL, 5 Liter, Model T, Ferrari Hatchtop would be out of the shop, the trip would have been much more enjoyable.

Apparently, however, the stereo fan belt had not come in yet and Your Hero was forced to return to school in his '73 Dart."

When it began raining about an hour from Maryville, it became evident the windshield wipers did not work, forcing Your Hero to drive the rest of the

dow, listening to AM radio.

Once back in the 'Ville, the rain had stopped, and it seemed things could only get better.



As Your Man drove down the street, he reflected on the experience of coming back to school after Spring Break. There really is nothing quite like it, except maybe leaving for the

summer. People seem refreshed, happier and more friendly. Couples who have been apart for the un-endurable length of a week run to each other like long-lost lovers.

Roommates who were on the verge of killing each other just a few days ago sit around and exchange vacation stories. Who knows, maybe even Student Senators get together and vote on things just for the heck of it.

The apartment or residence hall room which before seemed like à prison cell suddenly feels

where students can play tunes and unpack new clothes they got while shopping over break.

Since the weather was so warm Sunday, Your Man was able to open his window and let the cool breeze blow in as he watched "The Simpsons" and "Married with Children." As Your Hero sat in his room,

the unmistakable feeling that winter was over began to sink in. Sure, it may get cold and snow again, but once students have had a taste of better weather, it takes more than a few snowflakes to dampen their spirits.

Classes are still a drag, finals loom in the near future and, of course, there are those professors who have not had spring fever since 1956 and do their best to make life miserable for their

But like Your Man said, it takes more than a few flakes to dampen a students' spirits when it is In the spirit of new beginnings,

Your Man has decided to reapply himself to his studies, as many students probably do.

There will be no more putting

off term papers until the last minute, no more cramming for tests, and absolutely never again will Your Hero skip a class. Okay, okay, realistically, these

goals will probably be recognized as frauds in a while (one week would probably be an optimistic guess), but there is just something about the weather which makes Your Hero want to start

Admittedly, Your Man was not happy to see Spring Break end, and the thought of going back to school is not exactly thrilling.

But the semester will soon be over, and in the time that is left, Your Hero thinks everyone should just sit back and enjoy the college scene.

Show off your tan, if you have one. If you went to some popular or exciting place over break, casually slip it into conversations and enjoy the effects. Hit some parties and do not study too hard or hurt yourself working on a research paper. This is the final stretch and

Your Man hopes everyone will be able to finish out the year in a good way,

## Northwest Missourian Northwest Missouri State University

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# Stress touches all aspects of life

**JENNIFER DUNLOP** Staff Writer

Many students know the feeling all too well. They go to classes five hours a day, work five hours and then go home and spend at least three hours on homework. After six hours of sleep, they get up and get ready for classes again.

Sprinkled somewhere in the middle is the constant pressure from teachers, friends and themselves. Homework doesn't get done and tests become harder and harder. Everyday life is suddenly a hassle. These students are "stressed out!"

A sophisticated definition of stress, according to Lloyd Goodwin, associate professor at Emporia State University, is, "a state of fairly predictable and stereotyped psychophysiological arousal triggered by internal or external demands that strain the adaptive resources of an individual."

In simpler terms, it's the "offbalanced" feeling a body experiences when demands are placed upon it.

What many people don't realize is that humans are always under stress and therefore, according to Goodwin, "The only time we're not under stress is when we're dead."

Although stress is usually thought of as negative, there are actually two kinds of stress: good stress, or eustress and bad stress, or distress.

Eustress is stress that is channeled into a positive result. Examples of this include the anxiousness right before a test and the "pumped up" feeling right before an athletic contest. Both sharpen the mind or body and produce positive results; the stress is not too severe.

Distress, on the other hand, is the unpleasant or disease-producing pressure felt when the demands on the body are too great. The major cause of distress is the occurance of a significant event, such as the death of a family member, a major illness or attending a new school, Goodwin said.

He also says a major source of stress to all ages is that, "expectations have gone up. The explosion of knowledge in the world and the amount you have to know, in combination with the constantly rising expectations often lead to overload and stress."

Another major source of stress for students, according to guidance counselor Marilyn "The only time we're not under stress is when we're dead." -Lloyd Goodwin

Stress damaging to health

Life event/stress value				
Death of spouse100	Job promotion	.29		
Divorce73	Child leaving home	.29		
Marital separation65	In-law troubles			
Detention in jail63	Personal achievement	.28		
Death family member63	Change in wife's work	.26		
Major personal injury53	Starting school			
Marriage50	Change of living space			
Being fired47	Revision of habits			
Marital reconciliation45	Trouble with boss	.23		
Retirement45	Change in work hours	.20		
Major change in health44	Change in residence	.20		
Pregnancy 40	Change to new school	.20		
Sexual difficulties39	Change in recreation	.19		
Major business change39	Change in activities	.19		
Major financial change38	Change in sleeping	.16		
Death of a friend37	Change in family outings			
Change of job36	Change of eating habits	.15		
Taking out a loan31	Vacation	. 13		
Foreclosure on loan30	Christmas	.12		

A level of more than 300 points a year is believed to cause major changes in one's health. \*Information taken from The World Almanac

Krueger, is that students take on too much. She explained, "You've got to learn to say no. As much as you hate to hear it, some things just aren't your problem."

It is good to know what stress is and how it is caused, but perhaps it is more important to know how to alleviate it. Both Goodwin and Krueger believe time-management is a significant aspect of stress-relief.

Goodwin explained that students have got to set priorities in their lives. He also said that life consists of three major areas and people must participate in all three to be healthy. These areas are work and/or school, family and/or intimate relationships and socializing with peers. An imbalance in these areas can lead to an imbalance of the entire body.

Krueger added that proper diet and adequate sleep can also relieve stress. She said, "The people who seem to deal with stress better are those who know and are at ease with themselves and aren't afraid to read the signs of their bodies."

She continued by saying that keeping a sense of humor is also helpful in relieving pressure. "We've got to realize that life is messy. We aren't going to change too much, so we need to accept it. Life isn't always going to go according to plan."

Goodwin believes the school system can also help. "We need to be teaching the whole person instead of just cognitive materials-life skills, not just, What is the capital of South Dakota?"

Finding no other way to cope, and sometimes not even looking, many students turn to alcohol to relieve stress. Goodwin said this is a "maladaptive way of coping," in the long run. The students may feel stress-free while under the influence, but when they sober up, the source of stress is still there.

While many students claim it helps them study, caffeine does nothing to actually relieve stress. In fact, caffeine works on the nerves and actually triggers stress responses in the body.

Perhaps the easiest way to relieve stress is to simply talk to someone about it. If students have no one else to confide in, counselors are always willing to listen. Seeing a counselor is not a sign of weakness, according to Goodwin. Rather it's a positive step in "the personal journey of

# Tradition of St. Patrick's Day forgotten

**GENE MORRIS** 

**Sports Editor** The United States will observe

St. Patrick's Day for the 253rd time Saturday.

According to Jeanne Johnson, director of Northwest's Newman Center, most Catholics do not realize the significance behind the holiday. "I don't think people have a

really good understanding of who St. Patrick was. Most of the Catholics and non-Catholics look at it as a day to party," she said. St. Patrick was captured at the age of 16 by the Gaels. They took

him on a boat to Ireland where he was enslaved.

During his slavery, St. Patrick had dreams he thought were divinely inspired. The dreams told him to escape to a boat that would be waiting for him.

Shortly after having the dreams, St. Patrick escaped and traveled hundreds of miles to find the ship waiting for him.

Thousands of Irishmen were converted to Christianity through the efforts of St. Patrick. He founded several churches, schools and even a college.

The tradition of the shamrock

came from St. Patrick's teaching of the Trinity-the mystery of three Gods in one, each separated and distinct, yet each completely God. The mystery is accepted on faith by Christians.

In preaching about the Trinity, St. Patrick used the shamrock to explain the mystery. The three distinct parts represented the Father, the Son and the Holy Spirit, while the stem represented the Godhead itself from which they proceeded.

The holiday is not the festive affair in Ireland that it is in

America. In Ireland it is primarily a religious observance with a three-day period of devotion.

The holiday was first observed in America in 1737 in Boston. The Charitable Irish Foundation of Boston, founded to aid the suffering Irishmen, celebrated the first secular observance of St. Patrick's Day.

During the evacuation of Boston on March 17, 1776, the British colonial forces used the word "Boston" as the password and the word "St. Patrick" as the countersign.

The largest American observance of St. Patrick's Day is held in New York. Thousands of marchers pass by the St. Patrick Cathedral and go over two miles from Fifth Avenue to Eighty-Sixth Street. On St. Patrick's Day there are more "Irishmen" there than in the entire city of Dublin.

The tradition behind the Irish parades is very clean. The Irish used similar parades to show opposition to those who threatened them. They did so to show their foes their forces.

When and where the March 17

Faculty Forum

A weekly look at Northwest faculty and administrators

observation started is not known. It is unclear if the date was that of St. Patrick's birth or his death. The date could quite possibly be

The place of St. Patrick's birth is also questioned. The onlything known for certain is that St. Patrick was not born in Ireland. www war ear

St. Patrick's Day is a holiday of political, traditional and religious importance. It is one for everyone. As one American saying goes, "Everyone is a little bit Irish on St. Patrick's Day."



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Name: Denise Rens, instructor of speech communications

MA in Speech Communication from the University of South

Education: BA in history from the University of South Dakota.

Hobbies: "I like to read, especially murder mysteries. I also like to play golf, watch sports and play cards with friends."

What she likes most about her job: "I enjoy the overall personalities of students. It is fun to watch them progress from semester

Person she most admires: "I admire my mother because she holds the family together. She always encouraged me to get an education because no one can ever take that away from you."

Greatest achievement: "I don't think in those terms and I don't want to. I am where I am right now doing the best I can. I believe I am still in the process of becoming."

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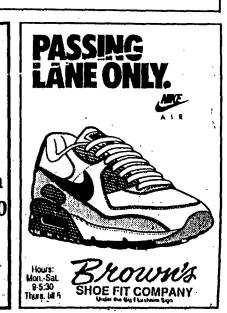
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## Baseball mania

· Baseball memorabilia profitable for student

TIMOTHY TODD **Editor** in Chief Gene Morris knows baseball

memorabilia. Morris, who has been collecting baseball cards since he was six, has a collection of around 35,000 cards that he says is worth nearly \$20,000.

"That is the book value of the cards," Morris said. "To get that much for them I would have to sell the cards of each team in their city?"

Morris is quick to point out that he is not in this hobby for the money alone. He said that other hobbies, such as stamp and coin collecting, also make money for the collectors.

"It is like a job. It could pay all of the money in the world, but is it really worth it if you are not happy with what you do?" Morris said.

Morris said he thinks this attitude is similar to that of his favorite player, Pete Rose.

"I take a lot of heat for that from time to time, but I think Pete is the greatest," Morris said. "He may have done some questionable things off the field, but when he put on those spikes, he could put them all to shame in my book."

Since Rose is his favorite player, Morris has attempted to get as many cards of Rose as possible. He has over 500 cards of Rose that are worth around \$3,000.

Morris said his favorite card is his 1963 Rose card since it took him a long time to get and an hour of work to trade for it.

When Morris got the idea to try to get every Rose card, he was at a card show and managed to get 17 Rose cards there. He said when he started trying to get the cards he did not think it would be possible.

"I am only missing one regular issue Topps card ever made of Pete Rose, his 1965 card worth about \$150," Morris said.

He said he will eventually get the card and would be happy to pay the \$150 or more for it.

If it (the card) is more expensive, his other cards must increase in value, so I hope it does cost more when I get around to

buying it," Morris said.
According to Morris, the card values change depending on what happens to a player thoughout or after his career. Morris said a close friend of his, Cary Mathis, always reminds him that anyone can make a mistake about young baseball

"He (Mathis) always mentions the name Ron Kittle when we start talking about mistakes we have made," Morris said.

Kittle was the American League Rookie of the Year in 1983. Morris said he traded for





cards and about 400 autographs. Although some of the pieces

Play Ball-Gene Morris has been collecting baseball memorabilia for over 15 years. He has a collection of over 35,000

every one of Kittle's rookie cards

are valuable, he said he does not plan to sell them. collection on rookie cards and

he could get. admits that it is not easy. "As it turned out, Kittle's best "It is a guessing game with year was his rookie season; his rookies, but I try to use a little cards are almost worthless tocommon sense too," Morris said. day," Morris said. He still has 10 "If the guy is already 30 years old of the Kittle cards to remember I don't put much value in his his mistake. cards...I look for young players He has also had some successwho have been in the minor

leagues when they were teenagers." es in his collection. "One player's rookie card was According to Morris, the safest selling for a quarter when I happened to see him play on televithing for a collector to do is to sion. I knew by watching him keep every rookie card they can

get their hands on. play that he was not an average rookie," Morris said. The player "You might end up with some Kittle's, but there could be was Don Mattingly and Morris said that today Mattingly's rookie another Mattingly in there, too," Morris said.

card sells for around \$25. According to Morris, a good Morris concentrates most of his

rookie card for a beginning collector to get would be one of a St. Louis Cardinals' rookie catcher.

"Todd Ziele is the hottest rookie right now. Since the Cardinals traded Tony Pena, Ziele should start," Morris said. Another rookie card Morris said to look for would be the 1988 Topps card of Chicago White Sock Robin Ventura.

"Ventura will start for Chicago. If he hits anywhere near .300, his rookie card will be hot," he said. Morris' card of Ventura has also been autographed.

"Some people say autographs lower the value of a card, but I do not believe that," Morris said. "If you find someone who is real-

# Baseball card shop suffers from strike

The baseball strike might be having a negative effect on the purchasing of memorabilia items, according to one local shop

Mark Rosewell, who owns Rosey's Baseball Card Shop in Maryville, said he has noticed some changes since the strike. "It (buying of baseball cards) seems to have slowed down during the past few weeks," he said. "I don't know if it is just tax time or if the strike is causing it."

Rosewell said that while baseball cards are for all ages, he has seen more and more young collectors in the past five years. He said the biggest change he has seen is with error cards. "I think more people are getting wise to the error cards," Rosewell said. "True collectors aren't concerned with the error

cards. The people concerned with error cards are the ones trying to make a quick buck."

According to Rosewell, some of the more popular cards right now are those of Bo Jackson, Will Clark, Rickey Henderson and Jose Canseco. He also said that collectors are always interested in Don Mattingly and Wade Boggs cards.

Rosewell said there is not a great interest in autographs, but certain people do collect them and purchase the autographed material from time to time.

ly a fan, they will appreciate the autograph."

Morris has about 400 autographs in his collection. The signatures range from former Yankee Yogi Berra, to the Royals' Bo Jackson.

"My mother used to work with a cousin of Berra's, so I sent him a letter and said how much I liked him and mentioned his cousin," Morris said. Soon he had the autographed cards sent back to him.

Morris also got the Jackson autograph through the mail.
"It was at a time when experts

in the hobby said it was not possible to get his autograph through the mail, so I decided to write a nice letter to prove them wrong," Morris said.

According to Morris, he gets about 70 percent of his autographs through the mail. He also keeps a list of players that have signed in the past so he will not waste his time with those that will not sign.

"When I sent Reggie Jackson a letter, he not only sent me the autograph but a home address that I could write to him," Morris said.

According to Morris, if a letter is nicely written and if the words are courteous, the players will usually sign. He also said it is a good idea to send a self-adressed stamped envelope to make it as easy for the players as possible. Morris said that most players

will not sign a lot of cards for a person if they think that person will try to sell the cards.

"The hardest autograph for me to get was Rose's, because the only way to get it is to pay for it," Morris said. He explained that Rose uses the philosophy that if people are going to go out and make themselves rich selling the cards, then he should get something for that.

"I understand that. It was definitely worth the 10 bucks to be able to stand there and watch him sign his autograph," Morris said.

Along with the autographed cards, Morris also has several autographed baseballs. But he has one that he says he values more than the others.

"The autographed baseball from the 1960 World Series is priceless to me," Morris said. The baseball is autographed by several players, including former Giants Willie Mays and Juan Marichal, former White Sock Nelson Fox and former Cub Ernie Banks.

"The hall used Dizzy Dean and was given to me by one of his former roommates that lived down the street from me," Morris said.

Morris says he keeps this collection because of a love of the game and that the type of memorabilia he collects is definitely a part of baseball.

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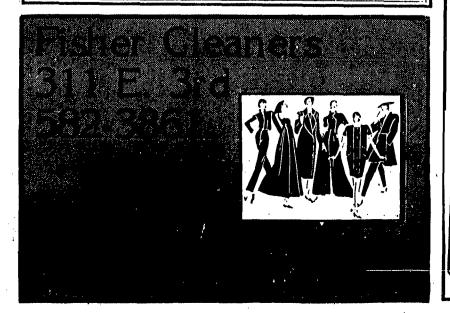
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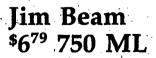


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### Northwest Missourian Sports

# 'Cats sweep twinbill, enter Top 20

MIKE HODGSON **Contributing Writer** 

The Bearcat baseball team moved into the NCAA Division II Top 20 poll after sweeping a doubleheader from Jamestown College Monday.

The latest edition of the NCAA Division II Top 20 Poll has the 'Cats ranked 17th. The 'Cats swept the doubleheader scores of 11-2 and 8-4.

In the opener, Northwest jumped to an early 3-0 lead and never looked back. Joe Iannuzzi opened the bottom of the first with a double to right and scored on a single by Jeff White.

Iannuzzi likes the chances of the team doing well this season.

"We have a strong pitching staff and an excellent hitting team, so we expect to reach many of the goals we set. I think the coaching staff has done a great job of motivating some of the younger players on the team and the attitude is very positive," Iannuzzi

Jamestown picked up a run with a bases-loaded infield hit in the second, but failed to score any more runners.

The 'Cats were silent in the second, but picked up three runs with two outs in the bottom of the third.

White started the two-out rally with a single down the third base line. Bryan Wandrey followed with a double off the fence to score White and later scored on a double by Dave Svehla. Gary Stickney batted the final run of the inning across the plate with a single up the middle.

The Bearcats scored five more runs in the game while holding Jamestown College to one more run. Senior Brian Gruenke picked up the victory in his first start of the season.

He was relieved by Jeff Stone in the sixth inning. Gruenke set a school record for career appearances by a pitcher in the game with 49.

"Setting the record for career appearances is an honor considering some of the former pitchers here are now in the

major leagues," he said.
"I'm just very thankful that I have had the chance to be here for four years and be as succesful as we've been," Gruenke said.

Brett Spangenburge and White were the big hitters for Northwest, each collecting three hits. Gruenke allowed five hits during the contest while walking three and striking out three.

Jamestown College jumped out to a 4-1 lead in the second game of the twinbill, but made two errors to let Northwest back into the game with a score of 4-3 in the bottom of the fourth.

The 'Cats held Jamestown scoreless over the final five innings of the game. They took the lead for good in the fifth inning highlighted by a three-run homer from Wandrey. Svehla followed the homer with a solo blast of his own to make the score 7-4.

Wandrey, who has a team leading six home runs, gave credit to the Northwest coaching staff for his success.

"The coaching staff has worked hard to improve on hitting and as a team we have a lot of leadership from the upperclassmen," Wandrey said.

Dave Scuggs pitched in relief to pick up his second victory of the season. Scuggs was followed by Shannon Dukes who notched his first save of the season.

The Bearcats doubleheader Wednesday was rained out and their contest scheduled for today has also been postponed.

Bearcat coach Jim Johnson said rolling and now we have to watch



Loosen Up-Members of the Bearcat baseball team prepare for a practice in Lamkin Gyn Wednesday. Their doubleheader side. The 'Cats are ranked 17th in the NCAA Division II.

the rainouts are not good for the the weather.

"They (the rainouts) will always have an adverse effect on a team," he said. "We got things

was rained out and the team used the time to work out in-

Bearkittens basketball

"I don't like layoffs like this. It's like playing a second season," Johnson said.

He said the team is not scheduled to play between Sunday.

and March 24, but mentioned that they are trying to schedule games during that time.

The Bearcats next home action is March 25 against Hamline University.

### 'Kittens upset Florida Southern, gain confidence with every game said the trip was a success

**GENE MORRIS Sports Editor** 

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Northwest's Christy Blankenau pitched a four-hit shutout, forcing 17 ground outs. She also made the Florida Southern hitters work, allowing no walks in the contest.

Blankenau did not allow any walks during her last 14 innings of work. She finished the trip with a 2-3 record and a near perfect 0.80 ERA.

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Bearkitten coach Gayla Eckhoff

RESERVE

despite the record. "I was impressed with how hard we played," she said. "It was not just our pitching. It was our defense as well.

"There are a couple of things we need to work on, but we are not going to make any big changes. We didn't hit as well as we would have liked. We saw the best pitchers we will face

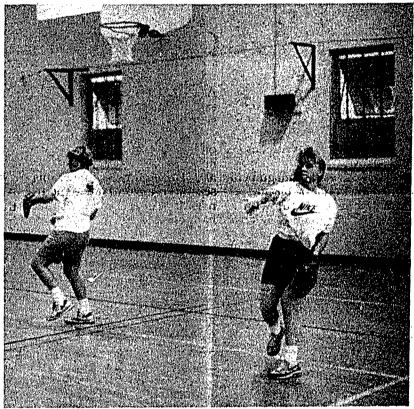
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"I think it will have a good effect," she said. "It (the break) gives them a chance to get back into school. It also gives us time to work on some things.

"I think we gained our confidence down there," she said. "That is one of the main reasons you go. I think we are gaining confidence with each game we

The Bearkittens posted a record of 14-23 last season and have lost five players from that team. The greatest loss is at first base with the departure of Jill Erickson. She batted .286 last season and was selected first team All-MIAA.

OFFICERS'



Working Out—The Bearkitten softball team works out in Martindale Gym Wednesday afternoon. They were forced to work out inside because of the rain.

The Bearkittens have six players returning, including two pitchers. Julee Hanna and Blankenau conbined for a 13-19 record last season and both had ERA's under two runs per game. TRAINING CORPS

They have provided Northwest with good pitching despite the 2-6 record. The two fanned 16 batters while walking six during the eight games. They also com-bined for a 1.19 ERA.

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For the third time since join-

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the Bearkitten basketball team lost its regional tournament opener to West Texas in Warrensburg Friday, but the season was anything but a

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without Janet Clark. She averaged over 20 points per game for the team the season before and finished as the MIAA's career leading scorer

with 2,121 points. Even with Clark, the 'Kittens only managed a 14-14 record last season and not much existed to make people believe things would turn around for

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Nelson broke three assist records in two games during that incredible week. She broke the single season and career assist record with seven during the Bearkitten's contest against Central Missouri State Univer-

The assists gave her 178 for the year, breaking the old mark of 175. They also gave her 459 for her career, breaking the old record of 454.

During the team's next game, Nelson continued her assault on the record books. She broke the record for assists in a game with 16 against Lincoln University Feb. 21.

For her efforts during the season, Nelson was selected to the MIAA's first team. She was not the only Bearkitten given recognition, though. Lisa Kenkel, Colleen Yost, Danae Wagner and Chris Swanson were all given MIAA honorable mentions.

To nobody's surprise, Winstead was also named the conference's Coach of the Year. He led the team to a 20-10 record this season and surprised a lot of people. During his 11 seasons at Northwest, Winstead has led the 'Kittens to a record of 197-118.

The Bearkittens have had only one losing record since Winstead began coaching the team in 1979. The team has averaged a record of 17-10 and Winstead was named Coach of the Year twice during that time. Congratulations Bearkittens on a job well done!

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# Sporthwest Missourian Ports

# 'Cats sweep twinbill, enter Top 20

MIKE HODGSON **Contributing Writer** 

The Bearcat baseball team moved into the NCAA Division II Top 20 poll after sweeping a doubleheader from Jamestown College Monday.

The latest edition of the NCAA Division II Top 20 Poll has the 'Cats ranked 17th. The 'Cats swept the doubleheader scores of 11-2 and 8-4.

In the opener, Northwest jumped to an early 3-0 lead and never looked back. Joe Iannuzzi opened the bottom of the first with a double to right and scored on a single by Jeff White.

Iannuzzi likes the chances of the team doing well this season.

"We have a strong pitching staff and an excellent hitting team, so we expect to reach many of the goals we set. I think the coaching staff has done a great job of motivating some of the younger players on the team and the attitude is very positive," Iannuzzi

Jamestown picked up a run with a bases-loaded infield hit in the second, but failed to score any more runners.

The 'Cats were silent in the second, but picked up three runs with two outs in the bottom of the third.

White started the two-out rally with a single down the third base line. Bryan Wandrey followed with a double off the fence to score White and later scored on a double by Dave Svehla. Gary Stickney batted the final run of the inning across the plate with a single up the middle.

The Bearcats scored five more runs in the game while holding Jamestown College to one more run. Senior Brian Gruenke picked up the victory in his first start of the season.

He was relieved by Jeff Stone in the sixth inning. Gruenke set a school record for career appearances by a pitcher in the game with 49.

"Setting the record for career appearances is an honor considering some of the former pitchers here are now in the

major leagues," he said.
"I'm just very thankful that I have had the chance to be here for four years and be as succesful as we've been," Gruenke said.

Brett Spangenburge and White were the big hitters for Northwest, each collecting three hits. Gruenke allowed five hits during the contest while walking three and striking out three.

Jamestown College jumped out to a 4-1 lead in the second game of the twinbill, but made two errors to let Northwest back into the game with a score of 4-3 in the bottom of the fourth.

The 'Cats held Jamestown scoreless over the final five innings of the game. They took the lead for good in the fifth inning highlighted by a three-run homer from Wandrey. Svehla followed the homer with a solo blast of his own to make the score 7-4.

Wandrey, who has a team leading six home runs, gave credit to the Northwest coaching staff for his success.

"The coaching staff has worked hard to improve on hitting and as a team we have a lot of leadership from the upperclassmen," Wandrey said.

Dave Scuggs pitched in relief to pick up his second victory of the season. Scuggs was followed by Shannon Dukes who notched his first save of the season.

The Bearcats doubleheader Wednesday was rained out and their contest scheduled for today has also been postponed.

Bearcat coach Jim Johnson said



was rained out and the team used the time to work out in-

Loosen Up-Members of the Bearcat baseball team prepare

the rainouts are not good for the

"They (the rainouts) will always have an adverse effect on a team," he said. "We got things rolling and now we have to watch

for a practice in Lamkin Gyn Wednesday. Their doubleheader side. The 'Cats are ranked 17th in the NCAA Division II. the weather.

Bearkittens basketball

"I don't like layoffs like this. It's like playing a second season," Johnson said.

He said the team is not scheduled to play between Sunday.

and March 24, but mentioned that they are trying to schedule games during that time.

The Bearcats next home action is March 25 against Hamline University.

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**GENE MORRIS Sports Editor** 

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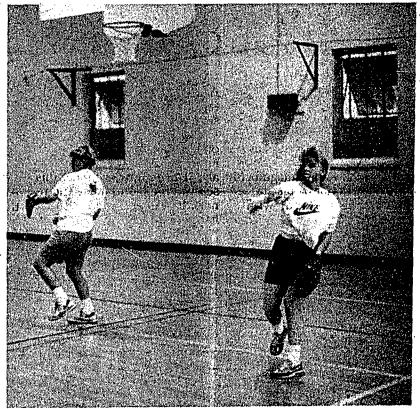
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Gene  $M_{orris}$ the Bearkitten basketball

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# Runner sets standard for life

SARAH FRERKING

**Contributing Writer** For 18-year-old cross country and track runner Sherry Messner, the biggest transition from high school to college was getting up at 6 a.m. to run five miles.

Running five more the same day, in addition to classes, took even more discipline and motivation.

"I guess I look at classes like ' said Messner, dressed comfortably in a faded sweatsuit. "I feel like I have to compete. I have certain standards for both and try to meet them."

Messner has Northwest's best times this season in four different events. Her best times in the 800-meter run, 880-yard run, 1,000-yard run and the mile run are second-to-none on the team.

"Most coaches look for an athlete that works hard and is competitive. This kid will do well. She's both," said coach Charlene

A freshman in the pre-nursing program at Northwest, Messner was introduced to sports by her two older brothers, Greg, 21, and Dennis, 23.

"I was the little sister they grabbed to play football or the outfield," said Messner. "That's kind of how it all started. I guess I'm really a tomboy at heart."

Messner did not give running much thought until the sixth grade when she competed in the Junior Olympics.

In addition to track, Messner participated in volleyball, including two state tournaments, softball and basketball in high school.

Her high school track career cannot be overlooked. During her senior year, Messner competed in four events at state and placed in the top five in each, including a first-place finish in the

The longest competitive event Messner ran in high school at Harrisonville was the two-mile. She also ran a leg on the two-mile relay, the 800 and the mile during each meet.

How did this middle-distance runner adapt to cross country at Northwest?

"She adapted well," said Cline. "Some kids are afraid they'll get tired and don't give 100 percent. Because of this, they have something left after the race. Not Sherry. She knows how to run hard and gives her best every time."

Messner admits that a lot of the race is won in an athlete's head. "Distance is more mental," said

Messner. "You do have to have the ability, but it's a lot of outsmarting your opponent mentally.

While this individual seems a bit serious, she admits that she enjoys singing in the shower and describes herself as fun-loving.

Messner said she also values friendship, but feels frustrated at times with it.

"I've had some close friends that have problems," said Messner. "It hurts me when I'm not able to help them or don't know

She says she has learned a lot about life and personal attitudes from athletics.

"Participating in sports has taught me persistence," said Messner. "You learn not to give up on yourself or sell yourself short. Whether you know it or not, a person's character shines through in a race."

What goals does this persistent and dedicated individual have for the remainder of the season?

"There is a runner that goes to Central Missouri State University who I beat in high school but haven't beaten yet in college. I'd like to get that old feeling back," said Messner.



Keep On Running—Bearkitten cross country and track runner competes in the North-

## 'Cats offensive coach hired by Division I Northwest Louisiana

**GENE MORRIS Sports Editor** 

The Bearcat football team's offensive coordinator has been hired as the new linebacker coach for Northwest Louisiana State University.

Steve Mullins had been the Bearcat's offensive coordinator for the past two years before accepting the new position. Northwest Louisiana is a Division I football team.

The Bearcat's head coach Bud Elliott said he is sorry to see Mullins leave.

"He is a great football coach and has done a great job for us the past two years," Elliott said. "He is also a really good recruiter and we will miss him.

"Any time you hire quality coaches, they are going to have the opportunity to move on, and we only hire good coaches. Losing him is a real blow to us, but it won't hold the team back next year," he said.

Elliott said there are no definite plans for a successor, but said he feels the person will come from within the organization. He also said the team really appreciated what Mullins did for them. He said Mullins' wife was also very helpful to the organization.
"His wife was a sponsor of the

Bearcat Sweethearts," Elliott said. The Bearcat Sweethearts is a spirit organization that helps the football team with recruiting and public relations.

The Bearcats compiled a 9-2 regular season record with Mullins serving as the offensive coordinator. The team finished second in their conference to Pittsburg State.

A new look

from an old friend

#### west Invitation meet held Oct. 14. Messner has been running since high school. 'Cats tennis four dual matches

**GENE MORRIS Sports Editor** 

The Northwest tennis teams opened the season with four dual match victories in seven at-

tempts. The Bearcats won four of their five dual matches while the Bearkittens lost both of their matches.

The Bearcats defeated Bethany College, winning all nine matches. They also won all eight of their matches against William Jewell College. The University of Missouri-Columbia and Creighton University also lost to the Bearcats.

The University of Arkansas-Little Rock was the only blemish on the Bearcats' record as they won all five of the games for the match victory.

According to coach Mark Rosewell, the Creighton tennis program has really changed.

"I felt like Creighton has really gotten stronger," Rosewell said.
"We had not lost a match to them in six years."

Bearcat Jonas Norell has scored

46 points while holding his opponents to 13. His match record is a perfect 4-0 and he is 7-0 in

"I feel like Norell is playing particularly well with singles and doubles," Rosewell said. "We played in an independent tournament in Kansas where Norell was runner-up. He was defeated by a kid who is number 300 in the nation."

The Bearkittens lost both of their dual matches. They were defeated by the University of Missouri-Columbia and Southwest Missouri State University. Rosewell said he was extreme-

ly pleased with the quality of tennis Julie Callahan was playing. Callahan is ranked 26th in the nation and had her hands full when playing Sandra Banuelos of Southwest Missouri State University. She lost the match

6-7, 6-3 and 7-5. Banuelos had beaten last year's MIAA individual champion before slipping past Callahan in the third game of the match, 7-5.

### Two Bearcats selected All-American

**GENE MORRIS Sports Editor** 

Two Bearcat indoor track members earned All-American honors at the NCAA Division II Indoor Nationals in South Dakota over break.

Shotputter Ken Onuaguluchi earned the honor by placing second in the shot put with a career best throw of 54-7. Hurdler Renwick Bovell also earned honors by placing sixth in the 55-meter hurdles with a time of 7.61 seconds.

Chad Paup (pole vault) and to achieve it." Jennifer Holdiman (shot put) competition in the meet.

The honor of being an All-American is one Onuaguluchi said he did not think was possible earlier in the season.

"My form just came together on that day," Onuaguluchi said, referring to the indoor nationals. "During my first meet this season. I failed to make the finals. It was the first time that

happened to me in my career.
"I knew that with time I would get better. I just had to work at it to get it right," he said. "It took a lot of discipline

Being an All-American was a er in the season, but he said it myself."

was one he thought might be beyond his reach.

"I thought it would be a hard thing to do during the whole season," Bovell said. "I had several nagging injuries during the season that held me back.

"It feels nice to be an All-American. Working out with the ROTC over the summer helped me keep in shape and

perform up to my capabilities.
"Ken (Onuaguluchi) really
helped me a lot," Bovell said. "I was nervous before the race, but he motivated me and told me I could do it. He reassured were not able to qualify for goal Bovell set for himself earli- my own abilities within

The Bearcats' best performance of the season was in the Central Missouri State Classic on Feb. 9 where they finished first of 10 teams. The Bearkittens had their best performance of the season in the Doane Invitational held Feb. 3 where they placed second of nine teams.

The Bearcats and Bearkittens open the outdoor season March 24 in the Central Missouri State University Invitational in Warrensburg.

They have three home meets this season. The first home action will be April 7 in the Northwest Invitational.

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-Fraz

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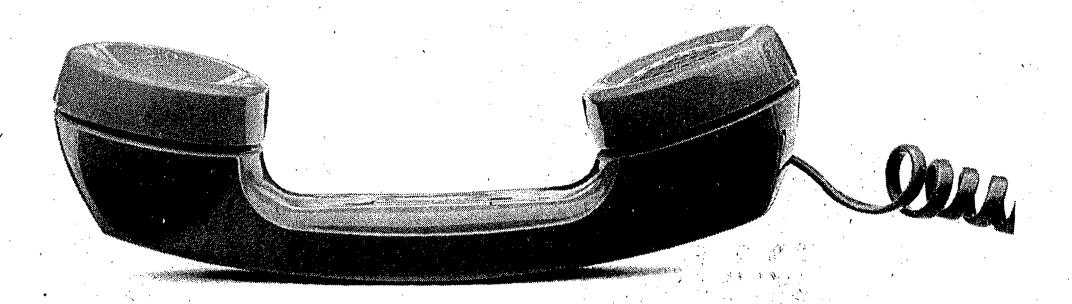
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